

Winter 2012 Issue 2

Botley Dental Practice
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Botley Dental Practice Newsletter

Dental Implants

Caring for your gums:

Looking after your gums is just as important as looking after your teeth.

You should brush your teeth twice a day for four minutes each time, a minute each quadrant. As well as brushing you should floss once a day, flossing is essential for a healthy mouth.

How to floss: Slip the floss between teeth and softly rub up and down the side of each tooth. At the top of the tooth slide the floss under the gum line to remove plaque that may be underneath the gums. Try to use a fresh section of floss for each tooth. If you find flossing difficult you could try using interdental brushes which come in different sizes to fit everybody's space between the teeth.

Dental implants are becoming an increasingly popular option to replace missing teeth. They can be used to replace single or multiple teeth and can also be used to add stability to dentures. Over 95 % of modern implants can last for many years with the correct care.

What is a dental implant?

- A dental implant is a length of medical grade titanium metal that is placed into the jaw bone.

- This involves minor surgery that can be done using local anesthetic and takes place within Botley Dental Practice.

- All dental implants are placed within the bone.

- If you are considering having an implant, an assessment will need to be carried out to check your bone level is good enough to place the implant. Dr Mo Naqvi, our implant dentist will take a number of measurements to assess, x-rays to check where the implant will be placed and impressions to make study models.

- Once an assessment has been carried out and Dr Mo Naqvi is confident of a successful outcome the procedure can begin.

- First the implant is placed, then is left for 4-6 weeks, depending on the patient, the next step is to take impressions to make the crown that will be placed on top of the implant.

The image to the right shows an implant placed into the bone.



New Patient Offer

All new patients to Botley Dental Practice will receive a 10% discount off their first examination appointment. An initial examination will include a full assessment of your teeth and gums, 2 small digital x-rays and scaling with the dentist.

If you wish to book an appointment with one of our dentist please call 01865 250214 or e-mail Info@botleydental.com

Please quote 'newsletter' if you wish to use this offer.

**Not sure if implants are for you?
Why not book a free of charge 10
minute pre- assessment with Dr
Mo Naqvi**

**TEETH WHITENING OFFER
FOR NOVEMBER AND
DECEMBER £50 OFF ALL
TYPES OF TEETH
WHITENING**